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## FOOD DRIVE

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There's no doubt about it... times are tough and our local food bank needs our help! Due to the poor economy, donations (monetary and food) to the York County Food Bank are down significantly. The tough part is that more people are relying on the Food Bank's services than ever before. Let's do our part to help our neighbors, friends and family today!

Please drop off food donations in the bins located at \_\_\_\_\_insert location(s)\_\_\_\_\_

We will be collecting donations through \_\_\_\_\_insert date \_\_\_\_\_

### Non-Perishable Food Items Needed:

- Canned vegetables & fruits
- Canned and boxed meals (i.e., soup, chili, stew, macaroni & cheese)
- Canned or dried beans and peas (i.e., black, pinto, lentils)
- Pasta, rice, low sugar cereals
- Peanut butter
- Baby formula & baby foods (check expiration dates)
- Holiday foods during the holiday season (cranberry sauce, dry stuffing mix, cake mixes & frosting, etc.)
- Instant mixes like potatoes, gravies and sauces that add a little something special to a holiday meal.
- Canned meats (tuna, chicken, salmon) that do not require refrigeration before opening.
- 100% fruit juice (canned, plastic or boxed)

### Additional Items Needed:

Shampoo • Deodorant • Soap • Toilet Paper • Toothpaste • Feminine Hygiene Products • Laundry Detergent • Cleaning Supplies • Paper Towels  
Baby Shampoo • Baby Diapers • Baby Wipes • Baby Lotion

Monetary donations are also needed and accepted!

Volunteer Opportunities - can't make a food or monetary donation right now? That's ok... the Food Bank can also use your TIME. The York County Food Bank has a variety of on-going needs and can use volunteers on a one time basis or year-round.

For further information about the York County Food Bank, to make a monetary donation or to volunteer to help visit [www.yorkfoodbank.org](http://www.yorkfoodbank.org) or call 717-846-6435

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