

## Senior Box Program

The Senior Box Program is a federal initiative designed to improve the health and nutrition of income eligible seniors. Seniors receive a box of food each month, which helps stretch their fixed incomes.

### Who is eligible to apply?

- York County residents 60 and over
- Seniors must be living on no more than 130% of the Federal Poverty Level

### What do I need to do to apply?

- Interested persons may apply at over 20 distribution sites.
- Applications with proof of age and income are completed by staff.
- Identification with a picture and the applicant's date of birth, or a birth certificate, may be used as proof of age.
- A Social Security award letter, filed income tax form, bank statement if auto-deposit is used, pension statement, and/or letter of financial support may be used as proof of household income.
- This program is presently at capacity; therefore, applicants will be placed on a waiting list and given first opportunity to join when program is accepting new applicants

### What do Senior Box Program participants receive?

One box of food per month with an average retail value of \$50, which includes the following commodities provided through the U.S. Department of Agriculture

- Bottled Fruit juice/shelf-stable 2% milk
- Canned protein (e.g., chicken, chili, stew)
- Canned vegetables/fruit
- Bag of dried beans or jar of peanut butter
- Hot or cold cereal
- Pasta
- Non-fat dried milk (every other month)
- Two-pound block of cheese

Please call 717-846-6435 or visit [www.yorkcountyfoodbank.org](http://www.yorkcountyfoodbank.org)  
for more information.

This institution is an equal opportunity provider

A gift of \$1 provides 6 meals for a hungry child, senior, or adult  
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