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**York County Food Bank to Host Family Volunteering Day**  
*Engaging volunteers of all ages*

This Saturday, March 5<sup>th</sup>, the York County Food Bank is hosting a family volunteering day from 10:00 AM -12:00 PM. We have suspended our age requirements for volunteering and invited families with younger children to assist us in our warehouse. Volunteers of all ages will be helping us pack Senior Boxes, bag snacks, household items like soap and sanitizer, and produce, and participating in fun & educational activities.

Even though it seems like COVID-19 is having less and less of an impact on our daily lives, the need for food assistance is still much higher than before the pandemic. Supply chain issues and the rising cost of groceries only make it harder for families to get the nourishing food they need. We continue to rely on volunteers every day and these family volunteering days give us the chance to show younger generations, in a hands-on way, the importance of volunteerism, community service, and being a good neighbor.

“Fighting hunger goes beyond providing nutritious food to those in need, it is incredibly important that we raise awareness and educate our community and the younger generation on the issue of food insecurity,” said Jennifer Brillhart, President and CEO of the York County Food Bank. “With our family volunteering day, we hope to inform our younger volunteers about the struggles their own peers may be facing and show them simple ways they can be a good neighbor to those in need. We are grateful for the many families that join us for this important day.”

Pre-registration is required for this event. To be notified about future family volunteering days, go to [yorkfoodbank.org/volunteer](http://yorkfoodbank.org/volunteer).

**About York County Food Bank**

The mission of the York County Food Bank is to increase dignified access to nutritious food and community resources that enhance food security in York County. The Food Bank serves as a central hub that collects and redistributes food to over 125 food distribution partners and programs, including 501 C-3 nonprofit groups, shelters, churches, senior centers, schools and various community centers. In response to the economic impact of the COVID-19 pandemic, the Food Bank distributed the equivalent of 5.4 million meals in 2020. For more information, visit us at [yorkfoodbank.org](http://yorkfoodbank.org) or call us at 717.846.6435.

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