

“I’d Give Them My Last Breath”

How you’re helping families feed their children

Daryl lives for his two sons. “Don’t leave them. Show them love. Do things with them,” he says. “You’ve got to find time. Life is too short, and those kids grow fast.”

The single dad of 10-year-old Tyler and 12-year-old Daryl Jr. dedicates every day to making sure his boys have the best life possible.

“I’d give them my last breath,” Daryl says. “There isn’t anything in the world that I wouldn’t do for them. I love my kids times infinity.”

He’s been taking care of his boys on his own since their mother left right after Tyler was born. Since then, Daryl, a mechanic, has taken on extra jobs to help pay the bills.

When times are particularly tough — like in the summer, when the boys aren’t getting meals at school — Daryl sometimes skips his own meals to make sure his kids eat.

In those lean times, Daryl is grateful for a nearby food pantry.

“It does get hard sometimes,” Daryl says. “Especially if I don’t have a good week at work and



Families like Tyler, Daryl, and Daryl Jr. are grateful for your support!

we’re low on food, we’ll get a meal at the pantry.”

Daryl says the folks at the pantry never make him feel embarrassed about seeking help.

“They treat me like family,” he says. “I know I have help if I need it.”

And if it helps his boys, he’s all for it. Anything for his sons.

“I always tell them, ‘Show love, don’t hate,’” he says. “We’re the only family we’ve got, so cherish it.”

Your gifts help single dads like Daryl feed their families, and they’re grateful for your support!

Daryl’s story is representative of the people we serve.

▼ Please cut off the reply form below, and return it with your gift. ▼

FBF-YCO-20777

MY GIFT TO FIGHT SUMMER HUNGER



Yes, I want to help children, families, and other neighbors facing summer hunger! *Enclosed is my gift of:*

- \$35 to provide 210 meals
 \$50 to provide 300 meals
 \$100 to provide 600 meals
 \$_____ to provide as many meals as possible

My check payable to **York County Food Bank** is enclosed.

FROM: NAME: _____
 STREET: _____
 CITY/STATE/ZIP: _____
 MY EMAIL: _____

I would like to donate \$_____ automatically each month using my credit card.

Please charge my credit card.



Amount: \$ _____
 Phone Number: _____-_____-_____
 Credit Card Number: _____
 Exp. Date: ____/____ Security Code: ____
 Signature: _____



HUNGER-FREE YORK

A Publication From York County Food Bank

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He Loves To Help

And thanks to your help, he won’t go hungry this summer

Eleven-year-old Elijah already knows what he wants to be when he grows up: a robotic engineer.

“I want to build robots that help around the house,” he says. “So, if you need help, or your car breaks down, it’ll get fixed. Helping people makes me feel proud of myself.”

“When I’m hungry, I get tired or I’ll get distracted.”

Elijah, with his soft smile and bright eyes, knows a lot about helping people. He lives with his grandfather, Robert, and five other siblings. As the oldest of the bunch, Elijah often helps his grandpa with the other kids and with chores.

“If there’s a mess, I clean it up,” he says.

At school, Elijah is in the robotics club, where the team recently did well at a competition, finishing in second place. “It made me really excited,” he says. “I felt like I accomplished something.”

During the school year, Elijah gets two free meals a day. But during summer vacation, those meals need

Elijah’s story is representative of the people we serve.



Elijah is a thoughtful kid who loves to serve others.

to be replaced ... and with six growing kids and a limited family income, that’s not always easy. So Elijah and his family are thankful for the summer feeding programs that your support makes possible.

“When I’m hungry, I get tired or I’ll get distracted,” Elijah says. “But when I’m not, I’m on-task, and I can focus ... and be ready for whatever happens.”

Maybe someday he’ll build a robot to help feed hungry children!

Your gifts help to feed kids like Elijah during their summer break. Thank you!

What you’ll find inside:

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\$1 CAN HELP PROVIDE 6 MEALS



Dear Friends of the Food Bank ...

Children look forward to the summer with joy and anticipation. But many children in York County worry about whether they will have enough food to eat during the summer months. No school means no school breakfast or lunch programs, and families struggle to provide the nourishing foods their children need.

That's why this issue of your *Hunger-Free York* newsletter features kids throughout. We're addressing summer hunger — and how supporters like you are rising to the challenge.

Of course, summer hunger affects more than just children. For many of our neighbors, food insecurity is a year-round issue. And with grocery prices so high, the problem is bigger than it's been in a long time.

You can help kids just be kids all summer long. Your past support has given food — and peace of mind — to so many throughout this difficult time.

We are thankful for your kindness, and I hope you will consider another gift today to help struggling families and their children this summer.

Gratefully,

Jennifer Brillhart

President & CEO



Jaliscea and her family are grateful for friends like you!

Serving Those Who Serve

Your support helps veterans and military families

Jaliscea lives to serve: “I just love helping people.”

That's why she joined the Army, following in the footsteps of many of her relatives. Now a sergeant, Jaliscea volunteers her free time at a veterans center, helping to distribute food to veterans, military members, and their families.

As many as 160,000 active-duty military members faced food insecurity last year. Jaliscea and her husband are among them. They have a blended family with seven kids ranging in age from 1 to 13. And their limited income doesn't stretch very far.

“I don't make a lot,” she says. “After I pay my bills, I'm pretty much done.”

Fortunately, the food distributions make a big difference, and Jaliscea is grateful for friends like you who help put food on their table.

“Coming here helps us a lot,” she says. “Thank you.”

Because of you, military families get the help they deserve. Thank you.

Jaliscea's story is representative of the people we serve.

Be a Friend at the Table!

By signing up to become a recurring monthly donor, you'll become one of our valued Friends at the Table, helping to tackle local hunger month after month, year after year. You'll be among those who help serve more households struggling to put food on the table ... and you'll be helping us move one step closer to our goal of having a hunger-free York.

Join the club at yorkfoodbank.org/friends-at-the-table.

Friends at the
Table



Fresh fruit is always the best part of summer meals!

Summer Servings

How you're feeding kids when school's out

York Benevolent, one of our partner agencies, plays a key role in fighting summer hunger by providing about 200 backpacks of food to three different schools. They also prepare hot meals on Fridays for students.

“Food insecurity does not take a vacation.”

“Food insecurity does not take a vacation,” says Jennifer Brillhart, President and CEO of the York



York Benevolent delivers food to three school districts.

County Food Bank. “That is why we are so grateful to York Benevolent and other partners who help to feed children in the summer.”

York Benevolent also offers a year-round backpack program. During the school year, they serve 400 children every Friday in the school districts of York City, York Suburban, and Eastern.

Thank you for making our summer feeding programs possible!

More Ways To Serve Your Neighbors

Looking for ideas to get more food and meals to hungry neighbors? Try these:

Host a Virtual Food Drive. It's the new way of doing an old-fashioned thing. Virtual food drives maximize donated dollars, resources, and employee and volunteer time. You'll customize your own fundraising page with a shareable link where supporters can “shop” for items to represent monetary donations. **Learn more at yorkfoodbank.org/food-drives.**

Volunteer. Every day, our volunteers help with tasks like packing food boxes, sorting donated items, cleaning and organizing our warehouse, making deliveries to partners, and distributing food directly to those in need. **Learn more at yorkfoodbank.org/volunteer.**