

# Food Assistance Resources



## Food Pantries

If you need food, York County has food pantry locations that can help for one-time or offer monthly appointments as needed. Many food pantries offer a variety of healthy food choices, including canned, packaged, frozen, and fresh foods. Some food pantries let clients choose items from food groupings. Below are ways to find a pantry. When searching for a pantry near you, keep in mind that New Hope Ministries (717-432-2087) and Catholic Harvest Food Pantry (717-846-8571, option 3) both offer additional mobile food pantry locations.

- Search for a food pantry by zip code on the Central Pennsylvania Food Bank's website – [Centralpafoodbank.org](http://Centralpafoodbank.org) – or call their helpline: **877-999-5964** Mon. – Fri. from 8 a.m. – 4 p.m. (Se habla Español)
- Search for a food pantry by zip code using the “Find Local Food Pantry” locator feature on the York County Food Bank website: [yorkfoodbank.org](http://yorkfoodbank.org)
- Call 211 – 24 hours a day, 7 days a week

## MilitaryShare Program

This mobile food distribution program has fresh, nutritious foods for families with at least one member who served or is serving in the armed forces. For details and to register, call the site nearest you:

- New Cumberland American Legion Post #974: **717-695-1477**
- Mr. Sandy's Homeless Veteran's Center (York): **717-900-4742**
- Shiloh American Legion Post #791: **717-979-7203**
- Roots for Boots - The Markets of Hanover: **717-316-0155**
- JFT Recovery & Veterans Support Services (York): **717-699-7581**

## SNAP (Supplemental Nutrition Assistance Program)

(See back page for income guidelines)

SNAP benefits (food stamps) help people eat healthy by stretching their food dollars at grocery stores and supermarkets. If you qualify, you'll get an EBT card with a monthly amount of money to use for groceries. You can...

- Complete an online application by visiting [www.Compass.state.pa.us](http://www.Compass.state.pa.us).
- Apply by calling a representative at: **866-550-4355**.
- Get help in applying for SNAP from the Central PA Food Bank's Food Stamps Helpline staff:
  - Call toll-free at **877-999-5964**, Mon. – Fri. from 8:00 a.m. – 4 p.m. (Se habla Español); OR
  - Text **APPLY (APLICAR en español)** to **877-999-5964** to request help.

- Visit the York County Assistance Office in person at 130 North Duke Street York

For more information about SNAP, call the York County Assistance Office at **800-991-0929**.

Use the online SNAP Retailer Locator at <https://www.fns.usda.gov/snap/retailer-locator> to find stores where you can use your SNAP-EBT card.

## York County Food Bank Programs

[www.Yorkfoodbank.org](http://www.Yorkfoodbank.org)

**717-846-6435**

The Food Bank also serves anyone in need – from anywhere in the county. Clients are asked income information for data purposes only. Your income level will not prevent you from getting food. ID is not required but is helpful for registration.

### Drive-Thru Food Distribution\*

#### Living Word Church

2530 Cape Horn Rd., Red Lion, 17356

**Every 1<sup>st</sup> & 3<sup>rd</sup> Tuesday each month 4:30-6:00 pm**

#### York County Food Bank

(walkers also welcome at this location)

254 W Princess St., York 17401

**Mondays 1:00pm-3:00pm**

**Wednesdays 11:00am-1:00pm**

Note: Princess St. closed for holiday/inventory:  
12/23, 12/25, 12/30 & 1/1/25

### New times for Princess St. beginning 1/6/25

Distribution & Senior Box pick up

**Mondays 2:00pm-3:00pm**

**Wednesdays 11:00am-12:00pm.**

\* Note: Schedules may change due to weather or holidays.  
Always check YCFB's website for current updates and locations.

SNAP Online Purchasing Pilot Program:

Visit <https://www.fns.usda.gov/snap/online-purchasing-pilot> for online links to retailers in the PA pilot program. Only eligible food items normally covered by SNAP can be purchased online with SNAP benefits using the SNAP-EBT card. You will need to use another method of payment, such as a credit or debit card, to pay for any items not allowed by SNAP, delivery feeds or driver tips.

**Programs for Families with Kids**

Women, Infants & Children Program (WIC)

Community Progress Council manages the WIC program in York County. This special program helps pregnant women and mothers or foster parents with children under age 5 with food, health screenings, and nutrition information. Benefits include an eWIC EBT card for shopping and use of a WIC Shopper App to help find WIC approved stores, WIC foods, recipes, and other healthy eating tips. WIC clients can also get Farmers’ Market Nutrition Program vouchers in the summer – for use at local farm markets. To find an office near you, call **1-717-843-7942** or search online at [pawic.com](http://pawic.com).

Meals for School Students

Contact your school or search the school district’s website for information about school meals and any other food assistance programs offered by the school and local community partners. To find a site offering free meals and snacks to children during the summer months, text **FOOD (COMIDA en español) to 877-877** or call **866-348-6479 (877-842-6273 en español)**.

**Programs for Seniors**

Senior Box Program

Once per month, income-eligible seniors (60+) can get a free box of food. For pick-up sites and to sign up, call the York County Food Bank at **717-846-6435 x 209**. A “proxy” can pick up the box. Delivery is also available for seniors without transportation.

Prepared Meals

Group/take-out meals are served at York County senior centers for any resident 60 years of age or older. Call your local senior center to sign-up for a meal. For information about home-delivered meals or to find a senior center near you, call **717-771-9610** or **800-632-9073**.

Farmers’ Market Nutrition Program

Eligible seniors can get a one-time check per calendar year to buy Pennsylvania-grown fresh fruit and vegetables from local farm markets from June 1 through November 30. To be eligible, seniors must be York County residents, be 60 years of age by December 31 and meet the annual gross income level. For more information, call **717-771-9610** or **800-632-9073**.



**Penn State Extension Nutrition Links**  
Teaching people how to eat better for less!

Join a series of FREE lessons with fun activities and tips for eating healthy on a limited budget, planning fast and easy meals, and keeping food safe to eat.

Who may attend?  
Parent or caregivers of a child 19 and under who qualify for: Free or Reduced School Lunch, WIC, SNAP Benefits, or Food Pantry Boxes/Bags.

Want More Information?  
Call Terri Rentzel at **1717-840-7408** for details and to sign up.

| <i>To qualify for the programs, gross MONTHLY income must be equal to or less than the amounts shown per household size.</i>   | Household Size | Household Size | Household Size                      | Household Size | Additional Member (Approx.) |
|--|----------------|----------------|-------------------------------------|----------------|-----------------------------|
| <b>Notes:</b> Income guidelines change on a yearly basis. Last updated 10/2024. Additional eligibility requirements may apply. | 1              | 2              | 3                                   | 4              | +1                          |
| Supplemental Nutrition Assistance Program (SNAP/Food Stamps)   | \$2,510        | \$3,408        | \$4,304                             | \$5,200        | +\$898 each                 |
| SNAP for 60+ or disabled   | \$1,632        | \$2,215        | Call 877-395-8930 for details       |                |                             |
| Women, Infants & Children Program (WIC)  | \$2,322        | \$3,152        | \$3,981                             | \$4,810        | +\$830 each                 |
| Senior Box Program   | \$1,632        | \$2,215        | Call 717-846-6435 x 202 for details |                |                             |