

Like You, Ruth Steps Up to Help Others

Ruth is the type of person who would give you the shirt off her back. She always leads with kindness and strives to help others — that’s just who she is!

This is why there was no question about stepping in to help raise her 11-year-old grandson. But this big transition has had its bumps along the way. With another family member to feed, Ruth’s already tight budget is stretched to its limit.

“I had retired to take care of him ... and then he needs school stuff,” she says. “So, I went part time back to my job.”

Sadly, the strain on her budget is especially painful during the summer months, when the free school meals her grandson depends on aren’t available.

That’s when Ruth decided to turn to her local food bank for help. To say it’s been a relief for her is an understatement.

“It helps because I end up getting little snacks for him that otherwise I couldn’t afford,” she says. “I feel like he shouldn’t be deprived.”

But what began as a way to bridge the hunger gap became so much more. Ruth now volunteers at her local food pantry twice a week, giving back to the



When times got tough, Ruth wondered how she’d put food on the table for her grandson.

community that helped her family.

“I’ve been given, so I give back,” she says. “I look forward to seeing people, so it’s really joyful. It keeps me going.”

And to those who support the food bank, Ruth offers her heartfelt gratitude: “I appreciate every little penny they put in!”

We do, too! Thank you for helping families like Ruth’s get through the summer months.

Ruth’s story is representative of the people we serve.

Please cut off the reply form below and return it with your gift.

FBF-YCO-23695

HELP FAMILIES FACING SUMMER HUNGER



☒ **Yes, I want to help my neighbors facing hunger this summer!**

Enclosed is my gift of:

☐ \$35 to provide 70 meals

☐ \$50 to provide 100 meals

☐ \$100 to provide 200 meals

☐ \$_____ to provide as many meals as possible

☐ My check payable to **York County Food Bank** is enclosed.

FROM: NAME: _____

STREET: _____

CITY/STATE/ZIP: _____

MY EMAIL: _____

☐ I would like to donate \$_____ automatically each month using my credit card.

☐ Please charge my credit card.

☐ **VISA** ☐ **MasterCard** ☐ **AMERICAN EXPRESS** ☐ **DISCOVER**

Amount: \$ _____

Phone Number: _____-_____-_____

Credit Card Number: _____

Exp. Date: ____/____/____ Security Code: _____

Signature: _____

Hunger Free York
York County Food Bank

HUNGER-FREE YORK

A Publication from The York County Food Bank

May 2025

You Make a Life-Changing Difference

Adriane embodies the spirit of giving back to her community

Adriane’s house is never quiet. And that’s a good thing!

Adriane and her husband have what she calls the “neighborhood house,” which means they open their door to all local kids who need a place to go. Together, the couple has seven kids — but they help to raise 15 in total. Adriane vows to keep as many kids out of the foster-care system as possible after experiencing the difficulties of the system when she was a child.

“Any kids in the neighborhood that need looking after or trying to stay out of trouble, we take them to church,” she says. “If they’re over when we cook, we feed them as well.”

Adriane was in the military for six years and worked as an EMT for another 12 years before health problems — including two strokes — forced her to retire. But none of that has stopped her. Now, her labor of love is caring for these children.

But feeding that many kids in today’s economy is no easy feat, especially during the summer months when there are no school meals to rely on. That’s why

Adriane’s story is representative of the people we serve.



You’re making summer better for families like Adriane’s! Thank you.

Adriane visits her local pantry to ensure she always has plenty of food to go around.

“Having this means that none of the children we come in contact with or in our household go hungry,” she says.

“This is a huge blessing, being able to feed somebody and make sure that their belly’s not hungry, just so they can get to the next day,” Adriane says. “It makes a difference.” And for all those kids, that difference is life changing!

Thank you for helping families like Adriane’s. Because of your gifts, so many children and neighbors can live healthier, happier lives.

Look inside for these stories:



Together, We Can Create a Hunger-Free York County — Page 2
Summer Programs Support Families — Page 3
Stepping Up to Help Others — Page 4

\$1 CAN HELP PROVIDE 2 MEALS



Together, We Can Create a Hunger-Free York County

It's no secret that the demand for food distribution and social service programs in York County is sky high. One way we're working to address this ongoing need is through an innovative, impactful renovation project called **Market @ Princess Street**, which will help us expand our York City facility into a healthy-choice food pantry and holistic resource center.

We're halfway to our bold, \$3 million goal to bring **Market @ Princess Street** to life. But we need your help. Your generous gift today will help us open the doors to our revitalized and upgraded facility — and bring us closer to a hunger-free York County. Every contribution makes a huge impact!

Please visit yorkfoodbank.org/market, or scan the QR code below to learn more and make your gift today. 🍊



With help from donors like you, children in our area are ready to take on all the fun that summer has to offer.

When School Lets Out, Children in Need Count on You

Distribution programs get food to children and their families

For hardworking York County families living paycheck to paycheck, it's often a challenge to put food on the table. But summertime hits them particularly hard because it means the end of free or reduced-price school breakfasts and lunches. On top of that, daycare costs can be an additional expense.

Summer is a time of stress for so many parents here. Instead of planning vacations or signing their children up for summer sports and camps, parents are saving every last penny. Often, it's still not enough.

Thanks to your compassionate support, the Food Bank provides critical programs that help food-insecure children and their families get the nutrition they need to thrive during the summer and throughout the year.

Drive-Thru Distributions

One in 10 people in York County faces food insecurity. That includes parents, children, and guardians who need support. That's why anyone in need is welcome to attend our regular Drive-Thru Distributions to receive free food for their household.

Mobile Food Pantry

For families that live rurally or don't have the means to reach the Food Bank, we offer a Mobile Food Pantry. As with our Drive-Thru Distributions, anyone in need is welcome to the free food we distribute across York County communities.

Your continued support keeps families and kids fed this summer and all year long. We couldn't be more grateful! 🍊



Your support means kids like Lily will have nutritious food this summer.

Summer is just around the corner! Many of us — especially children — are starting to think about vacations, swimming, picnics, and all the fun that comes with summer break.

But for families whose children rely on free and reduced-price meal programs at school, summer isn't much of a break — it's just another season of hunger. Parents are stuck trying to figure out how to provide enough food for their children during the months when those free breakfasts and lunches are no longer available. Add the heavy expense of summer childcare, and families are left to make impossible choices.

This issue of *Hunger-Free York* features children and the people who are working to help make summer a little easier for families. You'll also hear about how our Drive-Thru Distributions help bridge the meal gap during these challenging summer months.

As you know, summer hunger affects more than just children. For many of our neighbors, food insecurity is a year-round issue. But thanks to your generosity, The York County Food Bank is ready to provide meals for children, families, and seniors. As we head into summer, I'm so grateful for your support.

Remember that **every \$1 you give helps provide 2 meals** — and brings relief to a family in need. Thank you for your compassion.

Gratefully,

Jennifer Brillhart

President & CEO